

FOR IMMEDIATE RELEASE

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**Changing Lives and Transforming the Culture of Health**

**(St. Petersburg, FL.)** As the benefit corporation movement gains world popularity, Enliven Wellness Works, Inc. stands at the forefront. Proving daily wellness works in the mainstream economy. Companies focused on the triple bottom line (people, planet, profit), know improving workforce health accomplishes all "P"'s with one concept: Wellness.

Workplace Wellness has been Enliven's 'bread and butter', however, demand inspired more growth. Fulfilling a need, President and Founder, Jennifer Oppelt, decided to not only launch a new website, but also added two more sectors of servicing: Women & Mothers and Personal Wellness. The inspiration arose around the birth of her second child: Jennifer realizes women need support before, during, and after pregnancy.

Jennifer proudly states Enliven Wellness Works motto: "Changing lives and transforming the culture of health for worksites and individuals. Enliven it's what we do!"

While many startups fail and struggle, Enliven Wellness Works, Inc. celebrated a third birthday in April as well as sponsored a local event: Alchemy Fest 8, which achieved its highest grossing attendance to date.

For more information on Workplace Wellness, Contact: Jessica Respondek, Business Development, [Jessica@EnlivenWellnessWorks.com](mailto:Jessica@EnlivenWellnessWorks.com) or 813-380-8876

For more information on Women & Mothers, please complete the on-line form: <http://enlivenwellnessworks.com/women-mothers/>

For more information on Personal Wellness, please complete the on-line form: <http://enlivenwellnessworks.com/personal-wellness/>



*Enliven Wellness Works, Inc. launched in April 2010 with a mission to change lives and transform the culture of health. Serving the greater Tampa Bay area, Enliven strives to deliver the highest quality education, programming and client engagement via a team of passionate wellness professionals. The goal: create a ripple effect of improved health, well-being and happiness, while changing people across the world of the better.*

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